

# Growing Orchard Communities

## COMMUNITY ORCHARD TOOLKIT



### Apple superstitions and folklore

Here are a few to get you going...

- ✧ Share an apple with a friend and friendship will follow.
- ✧ Never cut an apple tree for its wood. Only burn what has fallen, or bad luck will come to your household.
- ✧ Lightning never splits an Apple tree trunk because it is protected by all the love it contains.
- ✧ Plant an apple tree near your home to protect it against lightning and to keep love in the household.
- ✧ In Guernsey they believed that watering the apple trees with urine made the apples sweeter.
- ✧ If the first apple from a young tree is eaten by a woman who has had many children, then the tree would also have many fruitful seasons.
- ✧ Keeping apples were picked in the moon's dark in case harmful rays caused rot.
- ✧ In Devon apples were never picked during the waning moon (getting smaller) in case the apples 'shrumped up'.
- ✧ Dreaming about apples foretold a long life
- ✧ Apple blossom was never taken inside since it would bring sickness on the house.
- ✧ To make a spell, cut the apple in half and put the spell in the middle. Bury the fruit and when it rots into the ground the spell comes true.
- ✧ Apple blossom is added to love spells